

STIGMA FREE

During Mental Illness Awareness Week on Oct. 1-7, 2017, NAMI and participants across the country are raising awareness of mental illness. Each year we fight stigma, provide support, educate the public and advocate for equal care. Each year, the movement grows stronger.

We believe that mental health issues are important to address year-round, but highlighting them during #MIAW provides a time for people to come together and display the passion and strength of those working to improve the lives of the tens of millions of Americans affected by mental illness.

(source: nami.org/MIAW)

NAMI YOLO NATIONAL ALLIANCE ON MENTAL ILLNESS

CONTACT US

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2017 MENTAL ILLNESS AWARENESS WEEK.



Seeds of Hope



Heritage Plaza, Woodland

I'm in
to mental health
Inspired
Informed
Involved

**Mental Illness
Awareness Week**
Oct. 1-7, 2017

RALLY FOR HOME, WORK, & RECOVERY

**MONDAY, OCTOBER 2,
5:30PM
HERITAGE PLAZA
2ND & MAIN,
WOODLAND**

Honoring outstanding local service providers of homes & work:
Dedrè Rodriguez for supported housing and
Richard Gustafson for supported employment

Introducing new NAMI Yolo Executive Director
Becky Rush

Join us for an open mic, pizza, and ice cream cones!

INTERFAITH SERVICE OF PRAYER FOR UNDERSTANDING & RECOVERY

**TUESDAY, OCTOBER 3,
AT NOON
ST. MARTIN'S
CHURCH,
640 HAWTHORNE LN,
DAVIS**

Candle Lighting
Blessings
Reception & snacks on the shady deck after the service

IN OUR OWN VOICE LOCAL SPEAKERS

**WEDNESDAY, OCTOBER 4,
7:00 PM
WOODLAND COMMUNITY
CENTER
2001 EAST STREET,
WOODLAND**

Hear the compelling personal stories of recovery

Admission is free, but seating is limited at In Our Own Voice. Please reserve a seat by calling (530) 756-8181

There is hope and understanding.
Change the way the world sees mental health.

stigmafree